



## WHERE CAN I GET MY YEARLY FLU SHOT?

Flu shots are recommended for anyone over 6 months of age to help prevent serious illness and health complications. Shasta County will provide free flu shots to all Shasta County residents - regardless of insurance status. Visit [ShastaFluShots.com](http://ShastaFluShots.com) for more information.

**Below are some of the ways you can get a flu shot (some providers may not give flu shots to all ages):**

1. From your Primary Care Provider
2. From local pharmacies, including:
  - a. Walgreens
  - b. Rite Aid
  - c. Costco
  - d. Safeway
  - e. CVS
3. At the Public Health clinic, by appointment

For questions, or to make an appointment at the Public Health clinic, call 225-5591. Register online at [myturn.ca.gov](http://myturn.ca.gov).



Shasta County  
**Health & Human  
Services Agency**